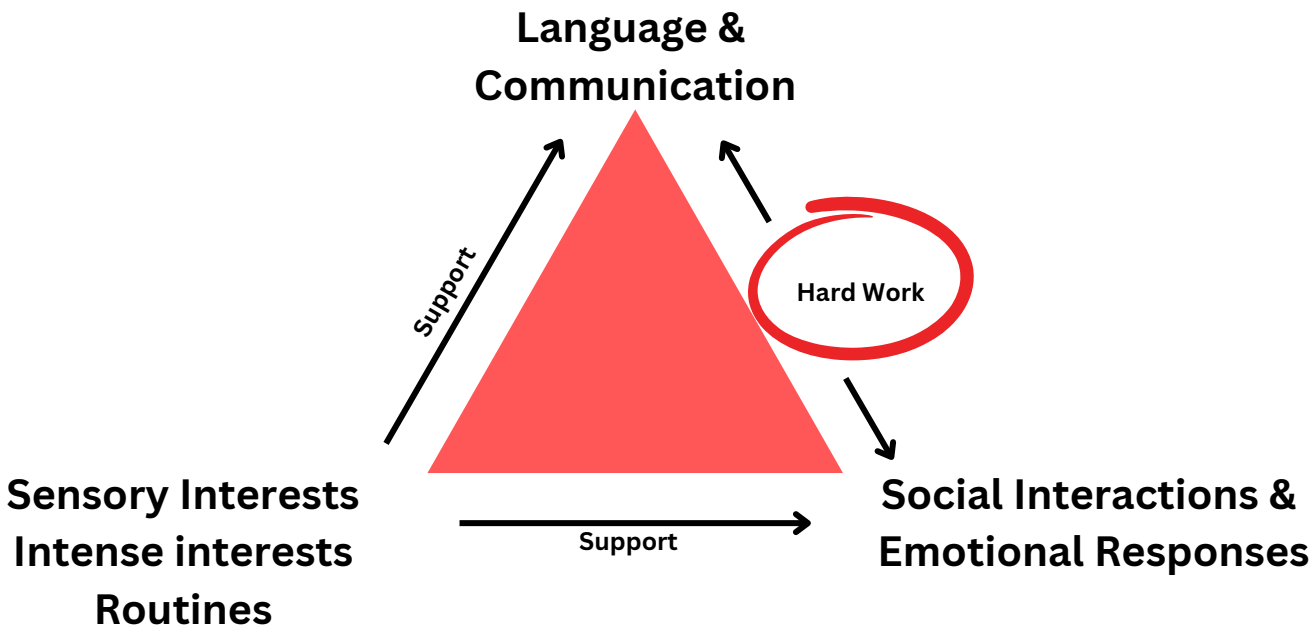
# Monteiro Descriptive Triangle for Autism

## Cost-based model of autism

(in contrast to a performance-based model of autism)
This allows increased sensitivity to nuanced presentations of autism.

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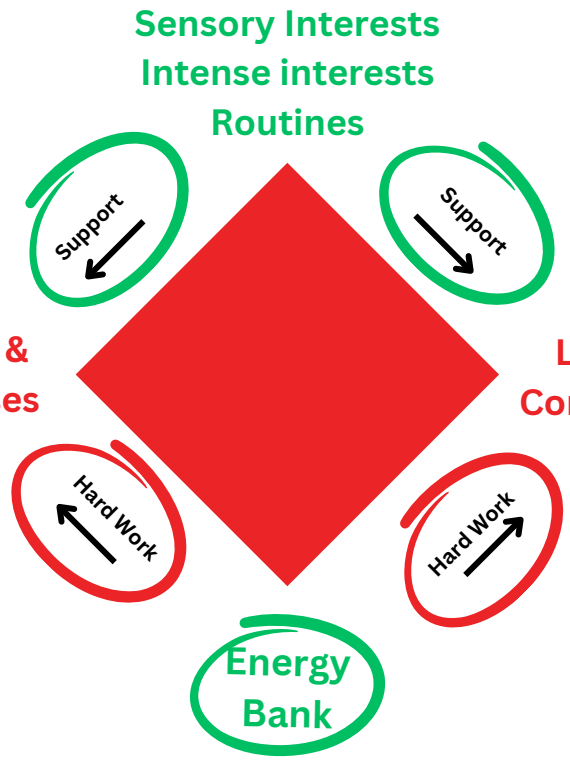
**Model adapted to include energy bank**



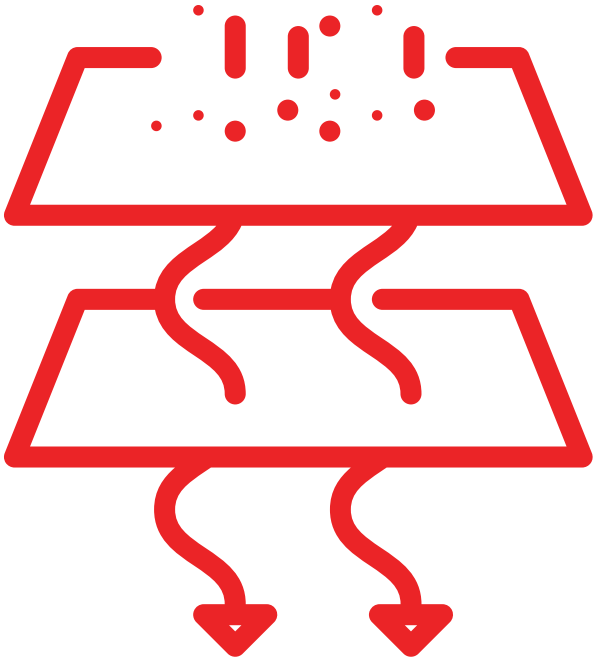

**Adapted from:** Monteiro, M. (2024, April 30). Using the Adult MIGDAS-2: In Person and Remote Applications. *The MIGDAS-2 Diagnostic Interview System Workshop Series.*

Databank

Sensory Systems

**Abundance of data and details**

**Context (Filter)**



**Why (Purpose)**
**How**
**What**
**Where**
**When**

**Desired Output**

**Communicating context** to autistics help decrease energy cost of language, communication, social interactions, and emotional responses. (Monteiro, 2024).

Monteiro, M. (2024, April 30). Using the Adult MIGDAS-2: In Person and Remote Applications. *The MIGDAS-2 Diagnostic Interview System Workshop Series.*